

Kokushikai Judo Camp

General Camp Etiquette, Rules and Regulations



Camp Rules form must be signed by camp participant or parent/guardian of participant and returned to Kokushikai Judo Camp before start of Camp. Please note that violation of these rules may result in immediate dismissal at the discretion of the Camp Director and Camp Instructors. If violation is committed by a minor, their parent or guardian will be contacted immediately to retrieve their child.

Safety & Hygiene

1. Only bare feet are permitted on the mats. However, you should always have something on your feet (i.e. shoes, sandals) anytime you are off the mat and especially during restroom visits.
2. Judo Gis are to be kept clean and odor-free. (Coin laundry will be available.)
3. Fingernails and toenails are to be kept clean and trimmed short.
4. No jewelry or hard metal/plastic ornaments shall be worn on the mats at any time.
5. No gum chewing or eating while on the mats.
6. Clean and cover any cuts or skin abrasions (Allow camp nurse to inspect and assist)
7. Notify the camp nurse of any skin abnormalities.
8. Be responsible for your safety and that of others around you.

Basic Etiquette & Protocol

1. Bow when entering or exiting mat areas.
2. Instructors should be addressed as Sensei or Professor.
3. Do not engage in side conversations while instruction is taking place.
4. Videotaping of instruction is not permitted.
5. Use only legal judo techniques during rondori.
6. Respect fellow campers. Hot tempers, offensive language are not permitted.
7. Only white and blue Gis will be permitted to be worn on the mat areas.

General Campground Regulations

1. Do not damage, vandalize or steal campground property or personal property.
2. Adhere to "quiet hours" in the evening.
3. Consumption of alcohol is absolutely prohibited for minors under age 21.
4. Minors are not permitted to leave campsite grounds without an accompanying adult.
5. Swimming is only permitted during hours that the lifeguard is on duty.
6. Kokushikai Judo Camp is not responsible for lost or stolen articles left in cabins.
7. Smoking, lighting matches or starting fires is strictly prohibited on campground property.
8. Cars must be parked in the designated camp parking lot.
9. Enjoy meals during Dining Hall hours only. Food, drinks, dishes or cups should not be taken out of the Dining Hall.
10. Girl cabins are strictly off-limits to boys at all times and vice versa.
11. **PLEASE NOTE THAT CELL PHONES, I-PADS, LAPTOPS, VIDEO GAMES AND OTHER RECORDING DEVICES ARE NOT ALLOWED INSIDE CABINS.** We recommend that campers under the age of 18 **DO NOT BRING** these devices as they can be disruptive to the privacy of other campers in the cabin and can be lost or broken easily. We encourage campers to make friends, enjoy the fresh air, great judo and super fun that we have planned unplugged for one week. (If these devices are brought to the camp they must be checked-in with a KJC administrator. Usage will only be allowed during designated times).

Please note that violation of these rules may result in immediate dismissal at the discretion of the Camp Director and Camp Instructors. If violation is committed by a minor, their parent or guardian will be contact immediately to retrieve their child. No refunds will be given if any of the above regulations are violated and early dismissal occurs.

I, _____ have read and understand the rules and regulations of the Kokushikai Judo Camp. I fully accept that violation of these regulations may result in dismissal at the discretion of the Camp Administration without refund of camp fees.

Kokushikai Judo Camp Participant (Please Print)

Participant Signature

Date

Parent/Guardian Name (Please Print)

Parent/ Guardian Signature

Date

(Parent/Guardian must sign form for campers under the age of 18yrs of age.)